THE SCHOOL DISTRICT OF CLAYTON

Wellness Committee
November 15, 2016

Norms

- Practice active listening by seeking to hear all voices in the room, listening for understanding and listening respectfully.
- Come with an open mind and b open to hearing others.
- Be actively involved in the discussion.
- Use positive presuppositions; assume goodwill; trust that we are all working together.
- Be respectful to each other by using positive body language, using respectful communication style sharing airtime, and showing respect for each other as professionals.
- Be willing to take responsibility for collective decisions made by the Committee. Be ambassadors of our work.
- Have fun!

Agenda Items

- Welcome
  - Norms
  - Introductions
- Student Wellness
  - Food Service Update
  - Elementary a la carte
- Staff Wellness
  - Fitness Classes – Personal trainer
  - Wellness Branding for Staff
- Community Wellness
  - Youth athletic programs
    - Read, Right, Run
    - Kids Triathlon
- Alliance for a Healthier Generation
  - Assessment Review
  - Next Steps
- Other Topics

Notes