



Wellness Committee

September 15, 2015

NORMS

Practice active listening by seeking to hear all voices in the room, listening for understanding and listening respectfully.

Come with an open mind and be open to hearing others.

Be actively involved in the discussion.

Use positive presuppositions; assume goodwill trust that we are all working together.

Be respectful to each other by using positive body language, using a respectful communication style sharing airtime, and showing respect for each other as professionals.

Be willing to take responsibility for collective decisions made by the Committee. Be ambassadors of our work.

Have fun!

AGENDA

1. Introduction
2. Student Wellness
 - a. Food Service Update
 - b. Lunchroom Staff Standards
3. Staff Wellness
 - a. Fitness Classes
 - b. Potential volleyball league
4. Community Wellness
5. Policy review
 - a. Questions/comments/concerns
6. Other Topics
7. Check Out