

fall 2015

SSD

parent CONNECTION

A publication of SSD's Parent Education and Diversity Awareness Program

The SSD Parent Education program welcomes our new administrator, Debra Fiasco. Debra comes to us from the St. Louis Regional Office for Developmental Disabilities where she has held the positions of Autism Navigator and Family Support Coordinator. She also has her own experience as a parent with IEPs, evaluations and transition to adult life. She is replacing Joann Noll who has retired after 22 years of helping parents.

Orientation for Parents to Special Education and the IEP Process – video or one-on-one meeting. You are invited to view a 30-minute video created by the SSD Parent Education program that provides new families with information on special education and the IEP Process. The video can be viewed by either going online at <http://tinyurl.com/oelpbl2> or by requesting a copy of the DVD from our office. One-on-one orientations are also available with one of our Parent Education & Diversity Awareness Administrators. See our contact information below to schedule.

IEP Parent Survey – SSD wants to assure that you are satisfied with the process that develops your child's Individualized Education Program (IEP). Beginning last school year, SSD began to ask parents to help us measure IEP process satisfaction using an online survey. Based on the responses gathered so far, SSD will be working with staff and focusing on the following areas:

Communicating your child's progress on a regular basis and sharing meaningful data with you.

Providing you with information that helps you participate in the meeting.

If you didn't have an opportunity to fill out the survey after your last IEP, **please contact your SSD Teacher or any one of us!**

MICHELLE LEVI PEREZ, ADMINISTRATOR

314.989.8438 | mleviperez@ssdmo.org

West Region: Parkway, Pattonville, Ritenour, Rockwood, Litzinger and Neuwoehner schools, JDC, Lakeside

LATRISA MORGAN, M.A., ADMINISTRATOR

314.989.8194 | lamorgan@ssdmo.org

North and Central Regions: Ferguson-Florissant, Hazelwood, Jennings, Normandy, Riverview Gardens, University City, Northview and Ackerman schools, North Technical High School

DEBRA FIASCO, ADMINISTRATOR

314.989.8108 | dmfiasco@ssdmo.org

South and Central Regions: Affton, Bayless, Brentwood, Clayton, Hancock Place, Kirkwood, Ladue, Lindbergh, Maplewood-Richmond Heights, Mehlville, Webster Groves, Valley Park, Southview School, South Technical High School, Vocational Skills Program

RACHEL MYERS – 314.989.8431 | rdmyers@ssdmo.org Family & Community Resource Center

SARAH GEER – smgeer@ssdmo.org Program Assistant



From left to right: Rachel Myers, Sarah Geer, Michelle Levi Perez, Debra Fiasco, LaTrisa Morgan

SSD MISSION: In collaboration with partner districts, we provide technical education and a wide variety of individualized educational and support services designed for each student's successful contribution to our community.

SSD VISION: Partners for every student's success

SSD CORE VALUES:

- Student Success • Collaboration
- Integrity • Stewardship • Continuous Improvement • Equity

Special School District Notice of NonDiscrimination and

Accommodation: Special School District does not discriminate or tolerate discrimination based on race, color, religion, sex, national origin, sexual orientation, ancestry, disability, veteran status, age, or activity protected by federal or state law in its programs, activities and employment. Direct inquires and complaints under this policy to Special School District's Compliance Coordinator, 12110 Clayton Road, St. Louis, Missouri 63131; telephone 314.989.8100 or to the Office of Civil Rights, 8930 Ward Parkway, Suite 2037, Kansas City, Mo. 64114-3302; telephone 816.268.0550. Information about the existence and location of services, activities, and facilities accessible to impaired persons can be obtained from Special School District's Compliance Coordinator at the phone number and address listed above.



WE PROVIDE:

- Advice and consultation about your child's IEP
- Free parent workshops
- Free lending library
- Help in finding community resources and supports
- Ability awareness resources

*** TEACHERS – PLEASE SEND HOME IN YOUR STUDENTS' BACKPACKS ***

Special School District Parent Advisory Council (SSD-PAC) wants you!

You can participate in this group that meets monthly with SSD Superintendents and Assistant Superintendents. The SSD-PAC is comprised of families advising and collaborating to improve the education, confidence and social outcomes of each student served by SSD. The **SSD PAC** generally meets on the 2nd Wednesday of the month from 7-9pm at the SSD Central Administrative Offices located at 12110 Clayton in Town & Country (63131). For more information please visit <http://tinyurl.com/nn6vov4> or contact pac@ssdmo.org.

Atomic Learning!

Atomic Learning! Parents and students may access SSD's account for Atomic Learning. This site provides video instruction on the use of a wide array of software your son or daughter may be using at school as well as internet safety information.

www.atomiclearning.com

User name: ssdmo

Password: elearn

NORTH COUNTY PARENT OUTREACH MENTORS

Are you a parent of a child with a disability who lives in North or Central County? Do you ever feel lonely, isolated or unsure of how to make your child's life better? Would talking to another parent "who's been there" help? If so, please contact LaTrisa Morgan at lamorgan@ssdmo.org or 314.989.8194 for more information.

FRED SAIGH PARENT LEADERSHIP INSTITUTE

The 2015 class of the Fred Saigh Parent Leadership Institute has been selected and will be meeting three Saturdays this fall to develop a vision for their child and to develop leadership skills that will improve our schools and community. If you are interested in participating in this dynamic program in the future, contact one of us!

DID YOU KNOW? The SSD Parent Education program served **2,233** families during the 2014-15 school year by answering questions, problem-solving, providing resources, checking out books and DVDs, and providing parent education workshops including the Fred Saigh Parent Leadership Institute. One of our goals is to increase our outreach to all school districts!

Most requested topic: Transition from school to adult life

Most requested disability area: Autism



Parent Workshop Information

Parent workshops are provided free of charge. Unless otherwise noted with this symbol  all workshops are held on the lower level at SSD Central Administrative Office, 12110 Clayton Road, Town & Country (just east of Ballas Road, next to Neuwoehner School).

Childcare is not provided unless noted.

Register by calling 314.989.7807 or 711 (Deaf/HOH), or register online at www.solutionwhere.com/ssd (call the registration number for assistance with setting up an account).

When you are on the SSD professional development site WisdomWhere, view the calendar of courses that includes workshops on technology, literacy and more.

Please be sure to register for workshops as they are sometimes canceled due to low enrollment or weather conditions – we need to be able to contact you!

If you need more information, or if you have special needs and require an alternative format as addressed by the Americans with Disabilities Act, call Debra Fiasco, Administrator, Parent Education, dmfiasco@ssdmo.org 314.989.8108 or 711 (Deaf/HOH).

**Register by phone or online at:
314.989.7807 (or 711, Deaf/HOH)
www.solutionwhere.com/ssd**

Note: Workshops presented by MPACT refers to Missouri's statewide Parent Training and Information Center that serves all disabilities and all ages.



FALL 2015 SSD PARENT WORKSHOPS

AUGUST

Life Course Family Workshop

Monday, Aug. 31, 9 a.m.-12 p.m.

Presenter: Jane St. John, Missouri Family to Family

SSD Central Office, Rooms 60-61

Charting the Life Course is a tool that was developed to help individuals with disabilities and families at any age or stage of life think about what they need to know, identify how to find or develop supports and discover what it takes to have a more self-determined life. Learn how to apply this tool to your family situation.

SEPTEMBER

SSD Parent Advisory Council Meeting

Wednesday, Sept. 9, 7-9 p.m.

SSD Central Office, Boardroom

This meeting is open to all parents.

Transitioning to Middle School

Monday, Sept. 21, 6:30-8:30 p.m.

Presenter: Michelle Levi Perez
SSD Central Office, Room 60

Preparing for the transition to middle school can be just as nerve-wracking for the parents as it is for the students! Come learn strategies and resources to use to prepare for this very important milestone.

Understanding the IEP Process

Monday, Sept. 21, 6-8 p.m.

Presenter: MPACT staff
SSD Central Office, Room 61

Workshop offers an in-depth look at the evaluation process, qualifying for an IEP, the many components that must be

addressed in the IEP document, and how progress will be monitored. Parents will gain a better understanding of their role as an equal participant in the IEP process.

Early Childhood Parent Training: Effective Practices for Challenging Behavior – 2-part workshop

Tuesdays, Sept. 22 & 29, 6:30-9 p.m.

Presenters: Early Childhood Facilitators and Social Workers

SSD Central Office, Room 61

Participants will learn to implement positive behavior supports for children at the early childhood level who are exhibiting challenging behaviors at home.

College Preparation for Students with Disabilities

Monday, Sept. 28, 6:30-9 p.m.

Presenters: Amy Bird, Mary Wagner, Sherryl Devine, St. Louis Community College Access Office
SSD Central Office, Room 61

For parents, students, high school counselors and SSD teachers. Workshop addresses college and other post-secondary options primarily for students with learning disabilities, attention deficit disorder or other mild disabilities. Information will be presented about the planning and research process, services available, ACT/SAT testing accommodations and more.

Introduction to Applied Behavior Analysis (ABA)

Wednesday, Sept. 30, 6:30-8:30 p.m.

Presenter: Wendy Wright-Bell
SSD Central Office, Room 61

ABA is a science based methodology that is used to teach various individuals

skillsets that will increase their social behaviors and independence. At Special School District we use this methodology to address a variety of different student needs. Participants will be taught how ABA is used within the school setting to teach new behaviors and decrease inappropriate behaviors.

OCTOBER

Helping Children Develop Friendships & Social Skills

Friday, Oct. 2, 9-11:30 a.m.

Presenters: Michelle Levi Perez and Alicia Wilson

SSD Central Office, Room 61

This workshop will offer strategies for parents to help children develop friendships, school strategies for building friendships through programs such as Circle of Friends and peer support groups and strategies that help children with language and learning differences, including autism, develop social skills.



Signs for Families and Friends – 6 sessions

Wednesdays, Oct. 7, 14, 21, 28,

Nov. 4, 11, 6:00-7:30 p.m.

Presenters: Greg Petersen, Mickey Schuchardt

Hazelwood School District Central Office, Multipurpose Room, 15955 New Halls Ferry Road, Florissant, MO 63031

Participants will demonstrate sign language vocabulary, sign sentence structure, conceptual accuracy, facial expressions, and body language. Focus is on families. Children 10 and older are welcome if accompanied/supervised by an adult.



SSD Technical High Schools: Is This a Good Fit for Your

Son or Daughter

Monday, Oct. 12, 6:30-8 p.m. –
South Technical High School,
12721 W. Watson Road, Sunset Hills,
MO 63127

OR

Tuesday, Oct. 13, 6:30-8 p.m. –
North Technical High School,
1700 Derhake Road, Florissant,
MO 63033

Presenters: Rosina Palmer &
Elizabeth Hinn

You don't have to wait until high school to begin thinking about this option! If your child benefits from hands-on learning and has inclinations in fields as varied as construction trades, medical sciences, culinary arts, automotive, cosmetology, electronics, information technology, public safety and more, then you will want to hear from staff members at North and South Technical High Schools. Pre-requisite skills for various programs, situational assessments to help determine a student's real interest and aptitude and admission requirements will be discussed. Most programs offer certification with stringent requirements, and can lead to further post-secondary education and successful careers. Students are encouraged to attend.

Early Childhood Parent Training: Therapeutic Limit Setting (two-part workshop)

Tuesday, Oct. 13 & 20, 6:30-9 p.m.

Presenters: Early Childhood Facilitators and Social Workers
SSD Central Office, Room 61

This TWO-PART training will provide an overview of Play Therapy and the Child-Parent-Relationship Training (a research-based parenting program that enhances the parent-child bond

through play therapy techniques). Parents will learn what TLS is, how it can be implemented with children between the developmental ages of two to ten, and how it can de-escalate common behaviors while maintaining the relationship between the parent and the child.

SSD Parent Advisory Council Meeting

Wednesday, Oct. 14, 7-9 p.m.
SSD Central Office, Boardroom

This meeting is open to all parents.



Supports for Your Family from the St.

Louis Regional Office for Developmental Disabilities

Thursday, Oct. 15, 6:30-8:30 p.m.
Hazelwood School District Central Office Multipurpose Room, 15955 New Halls Ferry Road, Florissant, MO 63031
Presenter: Kadesh Burnett

If your child has a qualifying developmental disability (such as intellectual disability, autism, cerebral palsy, traumatic brain injury, multiple disabilities, epilepsy, certain learning disabilities) learn how your support coordinator can make sure you have access to resources such as respite care, summer programs, and state, county and not-for-profit funding for essential services for your child. The support coordinator can help you plan for your child's future and provide support for your child's IEP meeting if needed.

Bullying Prevention – What Parents Can Do

Monday, Oct. 19, 6-8 p.m.
Presenter: MPACT staff
SSD Central Office, Room 61

This training contains an overview of the dynamics of bullying, including what bullying is, what the types of

bullying are, who is bullied, and why children are bullied. Other topics include steps to intervene in bullying behavior, how to encourage students who witness bullying to take action, the role of the school, and laws and policies. **Note that October is National Bullying Prevention Month**

Executive Functioning – Understanding Your Child's Difficulties with Organization, Time, Memory and Initiating Tasks

Tuesday, Oct. 20, 6:30-8:30 p.m.

Presenter: Karen Nahnsen
SSD Central Office, Room 60

Parents will receive tools for understanding executive functioning and helping their children build some of these skills at home.

Autism-Asperger-PDD Resource Fair

Thursday, Oct. 22, 4:00-7 p.m.
SSD Central Office, Room 60-61
All In One Room!

Come find out what you need to know and network with other parents. Representatives from SSD include early childhood behavior facilitators, effective practice specialists for autism, assistive technology, augmentative communication, PBIS facilitators, ABA program and Family & Community Resource Center. Additional representatives include Department of Mental Health-St. Louis Regional Office Autism Project, MPACT, Recreation Council, Missouri Family to Family Resource Center, other agencies, support groups and resources.

Planning for the Future: Dealing with My Greatest Fears – 3-part workshop

Mondays, Oct. 26, Nov. 2, Nov. 9,
6:30-9 p.m.

SSD Central Office, Room 60

Series is designed to provide information to students and their families about the transition process and issues that cause anxiety for parents when planning for the post-school years.

- **Session 1: Oct. 26 - SSI, Social Security & Estate Planning**
Presenters: Bhavik Patel, Attorney & Lynn Carter, Midwest Special Needs Trust
- **Session 2: Nov. 2 - What Happens After Graduation**
Presenters: Representatives of Vocational Rehabilitation, supported employment agencies, sheltered workshops, continuing education
- **Session 3: Nov. 9 - Supports for Recreation, Community Participation & Community Living**
Presenters: Representatives of St. Louis Regional Office, Recreation Council, post-school enrichment/day programs

ONLINE OPTION Participate in the workshop sessions above in person or from home through WebEx. Be sure to register for the online sessions. You will receive a link to the presentations.



Introduction to Applied Behavior Analysis (ABA)

Thursday, October 29, 6:30-8:30 p.m.
Presenter: Wendy Wright-Bell
Hazelwood Central Early Childhood Center, 15955 New Halls Ferry Road, Florissant, MO 63031

ABA is a science based methodology that is used to teach various individuals

skillsets that will increase their social behaviors and independence. At Special School District we use this methodology to address a variety of different student needs. Participants will be taught how ABA is used within the school setting to teach new behaviors and decrease inappropriate behaviors.

NOVEMBER

Sexuality Education: Talking with Your Child or Teen About Body Safety and Boundaries

Wednesday, Nov. 4, 6:30-8:30 p.m.

Presenter: Christina Meneses, YWCA
SSD Central Office, Room 61

Families will receive information to assist them in teaching positive social skills, appropriate public/private behavior, appropriate sexual expression and skills to protect their family member against abuse. The facilitator will also have resources for discussing puberty, dating and other issues that are potentially sexual in nature. This workshop will be a combination of lecture and group discussion and is designed for anyone caring for a young person with a developmental disability.

Disagreement Resolution Processes, Including Mediation

Monday, Nov. 9, 6-9 p.m.

Presenter: MPACT Staff
SSD Central Office, Room 61

Learn strategies to prevent problems that arise through documentation and letter writing. Also covered are the resolution processes in the Individuals with Disabilities Education Act as well as Section 504 of the Rehabilitation Act.

Early Childhood Parent Training: Social Stories /Social Skills

Tuesday, Nov. 10, 6:30-9 p.m.

Presenter: Early Childhood Facilitators and Social Workers
SSD Central Office, Room 61

Participants will learn about visual supports, in addition to how they are helpful and when to implement them. Examples of visual supports (ie: schedules, choice boards, routines, rules, visual stories, and behavioral expectations) will be presented. The workshop will also cover the use of visual/social stories as a strategy to share accurate information and increase pro-social behaviors.

Understanding Autism Spectrum Disorders (Autism, Asperger Syndrome, PDD) – Two Part Workshop

Tuesdays, Nov. 10 & 17, 6:30-9 p.m.

Presenters: John Bruno, Colleen Card, Melissa Duke, Moira Seyle
SSD Central Office, Room 60

Identify and understand the characteristics of Autism Spectrum Disorders and learn effective, practical strategies that will support your child in being more successful at home and school. The second session will focus more on strategies, with time for discussion and questions and may break out into sessions based on your child's invention needs.

SSD Parent Advisory Council Meeting

Wednesday, Nov. 11, 7-9 p.m.

SSD Central Office, Boardroom

This meeting is open to all parents.



Supporting Your Child with Emotional Disabilities

at Home and School

Thursday, November 12, 6:30-8:30 p.m.
Presenter: Ann Stackle, NAMI
Hazelwood School District Central Office Multipurpose Room, 15955 New Halls Ferry Road, Florissant, MO 63031

Learn how to communicate more effectively with your child's therapist or psychiatrist. Learn effective communication with school when negative behaviors, withdrawal or anxiety are escalating and how to plan supports. Learn strategies that decrease anxiety at home and school (what to do when you can't get your child to go to school, etc.) Understand community supports for children with emotional disabilities and mental illness.

Early Childhood Parent Training: Occupational Therapy & Play

Tuesday, Nov. 17, 6:30-9 p.m.
Presenter: Early Childhood Facilitators and Social Workers
SSD Central Office, Room 61

Participants will learn the value of play for children in addition to how children learn through play. Parents/Guardians will learn how to engage children and take the child's lead in play situations for building self-esteem and social skills. Parents and guardians will also learn how to develop play skills and the different developmental levels of play that a child progresses through as they mature.

OT/Sensory: Participants will learn the different sensory systems and how children perceive different experiences from their environment and process the information.

Behavior 101: Understanding Behavior and What to Do to Support Your Child's Positive Behavior Development

Wednesday, Nov. 18, 6:30-8:30 p.m.
Presenter: Ryan Guffey
SSD Central Office, Room 61

Does your child have meltdowns over having to stop a preferred activity? Are meals, chores, bedtime or getting ready for school difficult times at your house? Learn some strategies to make your home more peaceful. Learn new ways to think about and understand your child's behavior at home and school.

Access for Success! Making Inclusion Work!

Monday, Nov. 23, 6:30-9 p.m.
Presenters: Pat VanDeRiet, Rachel Valenti
SSD Central Office, Room 61

Learn how quality inclusive education provides better outcomes for most students with disabilities. Create an action plan with steps you can take to help your school plan for more inclusive programming for your child.

DECEMBER

Making Meaning: Helping Kids Understand What They Read

Tuesday, Dec. 8, 6:30-8:30 p.m.
Presenters: Carla Vasser, Cheryl Perry, Judy Hyatt
SSD Central Office, Room 61

If your child seems to read words well, but has difficulty with comprehension, this workshop will provide strategies that help children understand new vocabulary, connect new learning

to prior knowledge, create images, determine main idea, summarize & more.

SSD Parent Advisory Council Meeting

Wednesday, Dec. 9, 7-9 p.m.
SSD Central Office, Boardroom

This meeting is open to all parents.

Levels of Applied Behavior Analysis (ABA) Service within Special School District

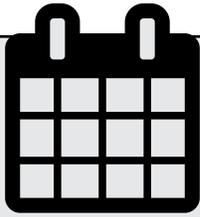
Thursday, Dec. 10, 6:30-8:30 p.m.
Presenter: Wendy Wright-Bell
SSD Central Office, Room 61

Participants will be taught the 3 levels of service the ABA Department provides and given examples of how those services are implemented. Participants will see an example of an ABA program book and review the components of an ABA program protocol. Participants will be given a basic understanding of each level and see video examples of both direct instruction and support.

Positive Behavior Interventions

Monday, Dec. 14, 6-8 p.m.
Presenter: MPACT staff
SSD Central Office, Room 61

Participants will be taught to think about problem behavior as a form of communication and will learn the importance of a functional behavioral assessment, how to reinforce positive behavior and how to develop a positive behavior support plan.



INCLUSIVE SCHOOLS WEEK IS DECEMBER 7-11, 2015.

Here is a link to the many ways to celebrate from Inclusive Schools.org:
www.inclusiveschools.org/inclusive-schools-week/

Find information on inclusion on the SSD website www.ssdmo.org/cool_tools/inclusive.html
or call or email our Resource Center at 314.989.8460, ssdpeda@ssdmo.org.

JANUARY

SSD Parent Advisory Council Meeting

Wednesday, Jan. 13, 7-9 p.m.
SSD Central Office, Boardroom

This meeting is open to all parents.

How to Write Measurable Goals

Monday, Jan. 25, 6 - 8 p.m.
Presenter: MPACT staff
SSD Central Office, Room 61

Learn how to write individualized and measurable educational goals for your child and track your child's progress with this easy to understand training for parents of children with disabilities.

Mental Health First Aid Training (MHFA)

Tuesday, Jan. 26, 8:30 a.m. – 5 p.m.
(one-hour lunch break on your own)
Presenter: NAMI-St. Louis
SSD Central Office, Room 61

The Mental Health First Aid (MHFA) program is an interactive session that introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact and overviews common treatments. The adult MHFA course is appropriate for anyone 16 years and older who wants to learn how to help a person who may be experiencing a mental health related crisis or problem. Topics covered include anxiety, depression, psychosis, and addictions.



Levels of Applied Behavior Analysis (ABA) Service within Special

School District

Thursday, Jan. 28, 6:30-8:30 p.m.
Presenter: Wendy Wright-Bell
Hazelwood Central Early Childhood Center, 15955 New Halls Ferry Road, Florissant, MO 63031

Participants will be taught the 3 levels of service the ABA Department provides and given examples of how those services are implemented. Participants will see an example of an ABA program book and review the components of an ABA program protocol. Participants will be given a basic understanding of each level and see video examples of both direct instruction and support.



SSD FAMILY & COMMUNITY RESOURCE CENTER

Call **314.989.8460** or email rdmyers@ssdmo.org to have books and DVDs sent home through school mail (via your child's backpack). We need your name, address, phone number, email address, child's name, teacher and school.

Go to www.ssdmo.org/cool_tools/fcrc.html and click on "view the online library of materials" to search by title, author or subject, or go to www.ssdmo.org/cool_tools/fcrc_books.html to browse the lists of materials by topic. (Material cannot be ordered through the online library. Please email us.)

New Books

The Kid's Guide to Staying Awesome and In Control: Simple Stuff to Help Children Regulate their Emotions and Senses. **Lauren Brukner.** (2014) From breathing exercises, pressure holds and finger pulls, to fidgets, noise-reducing headphones and gum, the book is brimming with fun stuff to help kids feel cool, calm and collected. They will learn how to label difficult feelings, choose the perfect strategies and tools to tackle them, and use these correctly whether at home or at school.

Exploring Friendships, Puberty and Relationships: A Programme to Help Children and Young People on the Autism Spectrum to Cope with the Challenges of Adolescence. **Kate Ripley.** (2014) This evidence-based program is designed to help young people with autism spectrum disorders (ASDs) to cope with the challenges and confusion of the adolescent years.

The Everything Parent's Guide to Sensory Processing Disorder. **Terri Mauro.** (2014) Gives professional advice to help your child to manage sensory needs and feel calmer, happier, and in control, now and in the future.

The Autism Spectrum and Depression. **Nick Dubin.** (2014) Written specifically for adults with ASD, this ground-breaking book offers accessible and sensitive advice on how to manage depression and make positive steps towards recovery.

Thinking Differently: An Inspiring Guide for Parents of Children with Learning Disabilities. **David Flink.** (2014) Comprehensive guide to help parents understand and accept learning disabilities in their children, offering tips and strategies for successfully advocating on their behalf and helping them become their own best advocates.

Babies are Noisy: A Book for Big Brothers and Sisters Including Those on the Autism Spectrum. **Anne-Marie Harrison.** (2014) Ages 3 & Up. This illustrated children's book is ideal for preparing young children on and off the autism spectrum for the arrival of a new brother or sister.

Why Can't My Son Read? Success Strategies for Helping Boys with Dyslexia and Reading Difficulties. **Ellen Burns Harris & Michael Richard Hurst.** (2014) Offers a practical view of dyslexia written for parents of boys who struggle with reading.

I Just Want to Do It My Way! My Story About Staying on Task and Asking for Help. **Julia Cook.** (2013) Ages 5-12. Follow RJ as he learns he can save himself a lot of grief if he stays on task and does things the right way!

The Zones of Regulation. **Leah M Kuypers.** (2011) Curriculum geared toward helping students gain skills in consciously regulating their actions, which in turn leads to increased control and problem solving abilities.

New DVDs

We ALL Fit: A K-5th Grade Autism Peer Sensitivity and Bullying Prevention Video. (Video, 2014) Grades K-5. With a run-time of 15 minutes plus a reinforcing 4-minute music video by The Figureheads, this professionally-produced video was written with elementary students in mind, but contains information about autism and social emotional lessons valuable to people of any age.

Living with Asperger's Syndrome. **Aaron Likens** (Video, 2011) Presentation by Aaron Likens, Autism Ambassador for Easter Seals Midwest that has changed lives, families, teachers, and doctors. 88 minutes with question and answers.

