

Resources for Parents

For more information, contact the Community Alliance for Healthy Kids, 854-6753.

Teaching Acceptance of Others

Teaching Tolerance, A Project of the Southern Poverty Law Center
The Gay, Lesbian and Straight Education Network

www.teachingtolerance.org

www.glsen.org

ERASE, Expose Racism and Advance School Excellence

www.arc.org/erase

Challenges racism in schools and promotes racial justice and academic excellence for all students.

Hostile Hallways: Bullying, Teasing and Sexual Harassment in

www.aauw.org/k-12 800-362-2289

Schools reports the results of a survey from 2,000 U.S. students.

Respect Diversity Foundation

www.respectdiversity.org

Mix it Up at Lunch

www.mixitup.org

United Planet

www.unitedplanet.org

Alcohol and Other Drugs

National Council on Alcoholism and Drug Abuse, 314-962-3456

www.ncada-stl.org

Parents. The Anti-Drug 800-729-6686

www.TheAntiDrug.com

The Crossroads Program 636-532-9991

Al-Anon/Alateen Family Groups 314-645-1572

www.al-anon.org

Alcoholics Anonymous 314-647-3677

www.aa.org

Search Institute 1-800-888-7828

www.search-institute.org

American School Health Association

www.ashaweb.org

Family Guide to Keeping Youth Healthy & Drug Free

<http://family.samhsa.gov>

National Institute for Alcohol Abuse and Alcoholism 301-443-3860

www.niaaa.nih.gov

Partnership for a Drug-Free American 1-800-729-6686

www.drugfreeamerica.org

Missouri's Youth/Adult Alliance 1-877-669-2280

Join Together

www.jointogether.org

Office of National Drug Control Policy

www.whitehousedrugpolicy.gov

ACT Missouri 1-877-669-2280

www.actmissouri.org

Free Parents' Guide to Prevention

1-800-642-0100

Missouri Prevention

www.missouriprevention.org

Leadership to Keep Children Alcohol Free

www.alcoholfreechildren.org

Center for Substance Abuse Prevention (CSAP)

www.covesoft.com/csap.html

Community Anti-Drug Coalitions of America (CADCA)

www.cadca.org

Drug Strategies

www.drugstrategies.org

First Response Guide to Street Drugs

www.dopeondope.com

National Center on Addiction and Substance Abuse

www.casacolumbia.org

National Council on Alcoholism and Drug Dependence

www.ncadd.org

Substance Abuse & Mental Health Services Administration

www.samhsa.gov

Clayton Police Dept. Safe Schools police hotline number 290-8411,

Office of National Drug Control Policy

www.whitehousedrugpolicy.gov

Why Do They Act That Way? By David Walsh

Dating Violence

www.rapecrisisonline.com and <http://mcc.org>

Domestic Violence and Sexual Assault Coalition www.dvsac.org

www.familyeducation.com,

Protecting the Gift by Gavin de Becker, www.rapecrisisonline.com

Mental Health

Contact your health care provider, school counselor or the Clayton Family Center.

American Academy of Child and Adolescent Psychiatry www.aacap.org

American Association of Suicidology www.suicidology.org

National Institute of Mental Health Information line 800 421-4211
National Mental Health Association 800 969 6642 www.nmha.org
KUTO (Kids Under Twenty-One) 314-963-7571
CHADS Coalition 314-952-2046 www.chadscoalition.org,
Bright Futures, Georgetown University, www.brightfutures.org/mentalhealth/
NYU Child Study Center – www.aboutourkids.org,
A Parent's Guide to Recognizing and Treating Depression in Your Child
www.yspp.org/publicAwareness/parents/ParentGuideToDepression.pdf
What to do when a friend is depressed-<http://www.nimh.nih.gov/publicat/friend.cfm>
Depression in Children and Adolescents: Info for Families www.naspcenter.org/pdf/social%20template.pdf

On-Line Safety

Center for Safe and Responsible Internet Use (csriu.org)
Child Safety Network (csn.org)
CyberBully.org
FamilyTechTAlk.com
InternetSafety.com
iSafeAmerica (isafe.org)
SafeTeens.com
WiredTeens.org
Yahooligans! Parents' Guide (yahoo.com)
Family Rules for Internet Safety Contract <http://familyinternet.about.com/library/weekly/aa101499.htm>
FBI Kid's Educational Page www.fbi.gov/kids/kids.htm
Street Smarts for the Information Super Highway <http://kidsafe.cyber-crew.com>
Kids Safety on the Internet www.ou.edu/oupd/kidsafe/inet.htm
My Rules for Online Safety www.safekids.com/kidsrules.htm
Kids Online www.kids-online.net

Parenting

- *Why Do They Act That Way?* By David Walsh
- *Setting Limits: How to Raise Responsible, Independent Children by Providing Clear Boundaries* by Robert J. Mackenzie.
- *Parenting toward Solutions: How Parents Can Use Skills They Already Have to Raise Responsible, Loving Kids* by Linda Metcalf.
- *How to Say No and Keep Your Friends: Peer Pressure Reversal for Teens and Preteens* by Sharon Scott.
- *The Life-Smart Kid: Teaching Your Child to Use Good Judgment in Every Situation* by Lawrence J. Greene.
- *Saying No Is Not Enough: Helping Your Kids Make Wise Decisions about Alcohol, Tobacco, and Other Drugs: A Guide for Parents of Children Ages 3 through 19* by Robert Schwebel, Ph.D.
- *How to Talk with Teens about Love, Relationships, and S-E-X: A Guide for Parents* by Amy G Miron and Charles D. Miron

Peer Pressure

www.parenting-ed.org, Center for Effective Parenting, Kristen Zolten, M.A. and Nicholas Long, PhD,
Department of Pediatrics, University of Arkansas
Child and Youth Health, www.cyh.com

Navigating their Social World

Surviving Cliques (www.kidshealth.org)
Mary Pipher PhD, www.commitment.com/ophelia.html
Making the "A" List by Gina Roberts-Grey LCSWv, www.teenagerstoday.com

Teen Safety

www.youngwomenshealth.org; Children's Hospital, Boston
www.mvparents.com

Volunteering

www.PointsofLight.org

www.FamilyCares.org

1-800-VOLUNTEER.org

www.presidentialserviceawards.gov

www.nationalfamilyweek.org

www.nationalhomeless.org/help.html

www.stl.unitedway.org - download their caring catalog for a long list of volunteer opportunities in our area.

Teaching Your Kids to Care by Deborah Spaide

www.epa.gov/teachers/community-svc-projects.htm

www.habitat.org/ccyp/

www.idealists.org/kt

www.kidsicare.org

www.search-institute.org/catalog/new/stepbystep.html

www.youthnoise.com