



**Oct. 1, 2009  
Minutes**

I. Present: Christina Perrino, Betsy Wack, Lily Raymond, Matt Jacobson, Korey Golcynski, Val Colombo, Katie Monteil, Ann Jacobs, Susan Huddart, Lisa Avery, and Anne Wilding

II. Minutes from Sept. 9 were approved as written. The presentation on Sept. 14 to all CHS 9<sup>th</sup> and 10<sup>th</sup> graders by Brandon Silveria was well received by our students.

Brandon had been drinking at a high school party and crashed into a tree on his way home. He sustained considerable brain damage and had to relearn how to talk, walk, etc. He still has some difficulty speaking and walking and has short-term memory problems. He was very open with the life long consequences of having a few beers and driving. Attorney General Chris Koster grew up in Clayton and wanted to bring Brandon to CHS.

III. Watch for an E-News article on the Clayton Shaw Park Open dedication to Jackie Levine.

**IV. Written report for Board of Education**

The BOE has requested that the Community Alliance submit a written report in Feb. 2010. Anne is working with Sharmon Wilkinson and Debbie Reilly to gather this information.

- A. Is the Community Alliance meeting the needs of the school district? How can we reach more parents?
  1. Log of Anne's hours and work
  2. Look into best practices
  3. Compare to other similar organizations
  4. Compare student alcohol and other drug use statistics from 1997 to present.
  5. Impact analysis of our work: Who is touched? What benefits are received?
  6. Finances – district/grant contributions; cost per child/family
- B. Anne will present information about the Alliance at the Nov. 10 Principal's meeting. She will share our projects and programs and ask in what ways we can better serve them. Think about what support we would like to ask for – a parent representative from each building, invitation to school counselors to send a representative or take turns coming to one meeting a year,.. other ideas?
- C. In November, we will do the on-line parent survey we did in the spring of 2006 developed with the George Warren Brown School of Social Work at Washington University. We will compare results with 2006. We will also compare responses from parents who have participated in our activities and those who have not. We went through the survey and updated the questions to best meet our needs. Anne will give the survey to the Communications Office who will put it on-line.

**V. Funding**

**A. Missouri Prevention Assistance Mini-Grant for 09-10**

1. Up to \$5,000
2. Must be part of a comprehensive, long-lasting approach to prevent alcohol use, drug use and/or risky behaviors in youth ages 10-24.
3. Requirements:
  - Support or enhance protective factors and reduce risk factors
  - Identify and target specific populations
  - Be developmentally appropriate and culturally sensitive
  - Focused and adapted to the needs of our populations
  - Provide sustainable outcomes with repeated positive message, prevention strategies and evaluation
4. Due Dates
  - Oct. 15 – due to NCADA
  - Oct. 23 – due to ACT Missouri
  - Awards made Nov. 12
  - These funds are for programs and strategies implemented Dec. 1, 2009 through Sept. 31, 2010.
5. Suggestions

We agreed to apply to offer Staying Connected with Your Teen and Guiding Good Choices classes in the spring semester.

### **B. MO Prevention Assistance Grant Extension**

1. Guiding Good Choices (GGC) early fall class filled with 25 parents and 4 on the waiting list. The class takes place on Sept. 14 and 21 and Oct. 5, 19, and 26.
2. Staying Connected with Your Teen - Parents can sign up now and get the book and DVD to watch at their convenience. We will gather on Nov. 2 and 16 to discuss the material.

### **C. Funds from WMS Social Activities - \$7,826.62**

Think about ways we should use or reserve these funds. We decided we should wait until after we have the parent survey results and feedback from the BOE after our report. We did agree to have Peers Protecting Peers submit applications to us for use of the funds.

Possibilities:

Simple mini-grant program for WMS/CHS students/clubs?

Retain for parenting classes when funds are gone?

Purchase wall displays for prevention materials

Love and Logic materials parents can check out from the school or the Family Center

**VI. Neighborhood Coffees.** The materials are ready to go. Two parents have requested a binder. Contact Anne if you would like to host a coffee or for more information. Help spread the word! Anne will check to make sure we include a question about how our coffee hosts found out about the coffees.

### **VII. Parent Forums**

#### **A. Alcohol and Other Drugs and Internet Safety in February for WMS/CHS Parents**

Each presenter will present twice – once for WMS and once for CHS parents.

Presenters: Alcohol and Other Drugs – John Zlatic

Internet Safety – Joe Laramie, STL County Police Dept. ?

Handouts – Val Colombo and Anne Wilding

#### **B. Safe Summer Fun in March- focus on elementary parents. It will be held at one of the elementary schools. We will consider having it around noon.**

### **VIII. Parents Page**

#### **A. Approval of Issue #34**

For Parents: How do you help your child navigate their social world? How important is it to be “popular”? How does being “popular” or wanting to be “popular” influence the decisions they make?

For students: Tell us about being “popular” at CHS. Is it important? What makes a student “popular”?

How does being “popular” or wanting to be “popular” influence students’ decisions?

#### **B. Issue #35**

For parents: How can you tell when your child is stressed out? What do you do as a parent to help your child deal with stress from academic and social pressures?

For students: What causes you stress? What can adults in your life do to help you manage stress?

### **IX. WMS Social Activities – Lisa Avery**

#### **A. A huge thank you to our parent volunteers who do such a great job of organizing these fun activities and especially to Lisa who has been going above and beyond for us and our WMS students year after year!**

6<sup>th</sup> Grade Jamie Marvel, 7<sup>th</sup> Grade Lori Zimmerman, and 8<sup>th</sup> Grade Lisa Avery.

#### **B. Fall Activities**

1. 6<sup>th</sup> Grade is going bowling at Tropicana Lanes on Oct. 14 after school until 5:45 p.m.
2. 7<sup>th</sup> Grade is going to the City Museum on Nov. 6 from 3:15 to 6:30 p.m.
3. 8<sup>th</sup> Grade is having a Halloween Dance on Oct. 24 from 7:30 – 10:00 in the CHS Commons.
4. Service Project: School Supply Drive

#### **C. Registrations**

1. 6<sup>th</sup> Grade 113 students have registered so far
2. 7<sup>th</sup> Grade 85 students
3. 8<sup>th</sup> grade 72 students

#### **X. Peers Protecting Peers**

- A. Focus on underage drinking and seat belt safety in the fall.
- B. Focus on adolescent depression and suicide in the spring.
- C. Signed up for Battle of the Belt for the 3<sup>rd</sup> year.

#### **XI. NCADA Updates – Val Colombo**

Red Ribbon Week is Oct. 23 – 31. The NCADA has adopted the theme “RISK IT. LIVE IT. DRUG FREE. ” for the 2009 Red Ribbon Week in honor of the 24th anniversary of Agent Enrique Camarena’s death. See [www.ncada-stl.org](http://www.ncada-stl.org) for more information.

Thank you!!