



Nov. 5, 2009 Minutes

I. Present: Katie Monteil, Christina Perrino, Matt Jacobson, Ann Jacobs, Susan Huddart, Lisa Avery, and Anne Wilding

II. Oct. 1 minutes were approved as written.

III. We would like to wish Matt Jacobson the very best with his new position as Accreditation Manager for the Clayton Police Department. Matt plans to remain involved with the Community Alliance! Rob Wood will be the new SRO for WMS.

IV. Written report for Board of Education

- A. Anne will present information about the Alliance at the Nov. 10 Principal's meeting.
- B. Share our projects and programs and ask in what ways we can better serve them.
- C. What support would we like to ask for?
 - 1. A parent representative from each building
 - 2. Invitation to school counselors to send a representative or take turns coming to one meeting a year
 - 3. Ask for suggestions for more parent involvement from their individual school.
 - 4. Ask how can we support what they're already doing?
 - 5. Want them to see us as a resource. We are willing to co-sponsor things with the PTO, help them get speakers or provide forums on topics of interest that coincide with our mission etc.
- D. On-line parent survey – Christina Perrino
Thank you, Christina for all your work on this survey!!
 - 1. Anne will e-mail it to Alliance members to preview in the next couple of days. Let us know if you see anything that isn't clear.
 - 2. It will be launched to parents on Wed. Nov. 11 and end before Thanksgiving. Please encourage parents you know to take it.
 - 3. We will review the results at our Dec. 10 meeting.

V. Apples to Apples Review of the Problem

We discussed the attached health risk behavior survey results. It is clear that there is still a strong need for alcohol and other drug prevention.

VI. Funding

- A. 2008-09 MO Prevention Assistance Grant
 - 1. Final report has been submitted
 - 2. We reviewed the outstanding results of the GGC and SCT courses. See attached. It is clear that these classes are a good match for our community.
- B. 2009-2010 Missouri Prevention Assistance Mini-Grant
 - 1. Applied for \$4,909.18 to offer one SCT and one GGC class in the Spring of 2010
 - a. Curriculum - \$2,293.58
 - b. Facilitators \$2,300.00
 - c. Countertop document holders to display materials \$315.60
 - 2. Funds will be awarded Nov. 12, 2009
 - 3. The spring classes have been scheduled and will appear in the Family Center catalog. Guiding Good Choices for parents of 4th-7th graders

- a. Tuesday nights, Mar. 30, April 6, 13, 20, 27, 2010 *The April 20 Class includes 4th-7th graders
 - b. At the Family Center, 6:15-8pm,
 - c. The cost is \$25 & includes all 5 classes and your book.
 - d. Childcare is available for an additional \$25 for all 5 classes.
- Staying Connected with Your Teen for parents of 7th-12th graders
- e. Meets twice from 6:15 – 8:00 p.m. in the Administrative Center Rooms A and B
 - f. Tuesday, Feb. 16 to discuss Chapters 1-4
 - g. Tuesday, Mar. 2 to discuss Chapters 5-7
 - h. The cost is \$25 for the classes and book. There is a \$40 deposit for the DVD that is returned.

C. Funds from WMS Social Activities - \$7,826.62

1. Think about ways we should use or reserve these funds. We decided we should reserve most of the funds until we have the parent survey results and feedback from the BOE after our report. We did agree to have Peers Protecting Peers submit applications to us for use of the funds.
2. We approved giving up to \$500 from a parent library at WMS. Katie Montiel is selecting books and DVDs that WMS parents can check out through the school counselors.
3. The WMS Counselors asked if we would sponsor having Tina Meier speak to WMS 6th, 7th, and 8th graders about bullying and cyber-bullying. Tina lost her daughter, Megan, in Oct. 2006 to suicide due to being bullied on the computer. The school presentation is for 1 1/2 hours and costs \$750. A parent component in the evening would cost an additional \$250. We are interested in co-sponsoring the parent portion and suggesting that we also invite Marian McCord from CHADS Coalition to talk about mental health as well.

8th Grade WMS Statistics from Health Risk Survey

	2006	2006	2008	2008
Seriously considered suicide (past year)	15%	17 students	17%	24 students
Attempted suicide (past year)	7%	8 students	8%	11 students

VI. Neighborhood Coffees. The materials are ready to go.

Please consider hosting or co-hosting a coffee and calling people personally asking them to host one. Lisa volunteered to make personal requests to people she knows at each school. Thank you!!

VII. Parent Forums

A. Internet Safety in February for WMS/CHS Parents

Presenters: CHS SRO John Zlatic, and Kenny Nix, Detective with the Clayton Police Department.

Internet Safety –

Handouts – Val Colombo and Anne Wilding

B. Safe Summer Fun in March- focus on elementary parents. It will be held at one of the elementary schools. We will consider having it around noon.

C. Community Alliance 5th Grade Parent Night

1. Clayton Parks and Rec will organize community building activities for the 5th graders
2. For Parents:
 - a. Overview of the Community Alliance featuring the WMS Social Activities, Guiding Good Choices, and Neighborhood Coffees
 - b. Parks and Rec. share middle school programming
 - c. Family Center- share child development information.

VIII. Parents Page

A. Approval of Issue #35 was approved.

For parents: How can you tell when your child is stressed out? What do you do as a parent to help your child deal with stress from academic and social pressures?

For students: What causes you stress? What can adults in your life do to help you manage stress?

B. Issue #36

For Parents: Is marijuana a problem in Clayton? What do you do as a parent to know about the latest trends in teen drug use?

For Students: Is Marijuana use a problem in Clayton? Do your parents and your friends' parents know what is going on? Do they talk to you regularly about alcohol, marijuana or other drugs?

This question was prompted by a training that Matt attended. He shared that in the 70's marijuana was about 1% THC. Today regular pot is 12-15% THC and BC buds are up to 35% THC. They also have THC budders using the THC oil that is up to 95% THC.

For more information:

http://www.whitehousedrugpolicy.gov/publications/pdf/mpmp_report_104.pdf

<http://www.nida.nih.gov/infofacts/marijuana.html>

IX. WMS Social Activities – Lisa Avery

A. Add sending a welcome E-mail in the fall outlining what the Community Alliance does, how the WMS Social Activities program works, and expectations for parents and students.

B. Fall Activity Evaluations

1. 6th Grade is going bowling at Tropicana Lanes on Oct. 14.
2. 7th Grade is going to the City Museum on Nov. 6
3. 8th Grade is having a Halloween Dance on Oct. 24
4. Service Project: School Supply Drive

C. Registrations

1. 6th Grade 128 students have registered so far
2. 7th Grade 85 students
3. 8th grade 72 students

X. Peers Protecting Peers

A. Focus on underage drinking and seat belt safety in the fall.
Battle of the Belt

1. First seat belt check Oct. 12

277 students (86%) had their seat belt on correctly

42 students (13%) did not

2. Doing announcements at School

3. Get Yo' Buckle on Day – Nov. 4 during 4th-6th hours at CHS. Corporal Jeffrey Wilson from the MO State Highway Patrol brought the seat belt convincer to school. Anne also did the fatal vision goggles with students. It went well with someone on the seat belt convincer the entire time.

4. Seat belt check on Nov. 4 as a learning opportunity

5. Final seat belt check in mid Nov.

B. Human trafficking in the winter

C.. Focus on adolescent depression and suicide in the spring.

UPCOMING OPPORTUNITIES

- Community Alliance Meetings: Dec. 10, Jan. 14, Feb. 11, Mar. 11, Apr. 8, and May 27 from Noon-1:15.
All meetings will be held in the Administrative Center, #2 Mark Twain Circle, Clayton, MO

Thank you for supporting our students and families through the
Clayton Community Alliance for Healthy Kids!!