



Feb. 11, 2010

Minutes

- I. Present: Jodi Richards, Christina Perrino, Lily Raymond, Katie Monteil, Jani Holyan, Robert M. Wood, Corey Golcynski, John Zlatic, Jenny Armbruster, Ann Jacobs, Lisa Avery, Amy Gage, and Anne Wilding.

We would like to welcome Jodi Richards, Community Development Director for District 7 of the Girl Scouts of Eastern MO.

Jenny Armbruster shared that Val Colombo and her new baby girl, Juliana Louise are doing well. Juliana was a 9 pound baby!

II. Jan. 14 minutes were approved as written.

III. Written report for Board of Education

A. Overview of documents developed for BOE Report

- Executive Summary
- Community Alliance Overview
- Community Alliance Highlights
- Community Alliance Timeline
- Project and Program Summary
- Parent Survey Summary and Results
- Youth Risk Behavior Student Survey Comparisons
- Impact Analysis of the Community Alliance's Projects and Programs
- Comparisons to other districts/coalitions
- Funding of Community Alliance
- Community Alliance Budget Overview
- Director's Work Summary and Log
- NCADA Support Letter
- Dividers with Quotes

The materials are waiting for final approval by Sharmon Wilkinson. When they go to print, we will have additional copies made for the Executive Committee.

B. Thoughts about the structure of the Alliance and ways to revitalize our organization

1. Look at successes in the history of the Alliance. Are there things from the past that we want to bring back to the Alliance?

- We would like to bring back our conversations with WMS and CHS students. Perhaps we could work with health teachers to talk with a class. We value the students' opinions and want to learn from them. What concerns do they and their friends have? How could Clayton be a more supportive community for them? What should the Alliance focus on?
- Champions Going the Distance was discontinued. This is an NCADA training with student athletes, coaches, and parents. If this wasn't fitting the needs of our school, perhaps another training should replace it. Trypod is very successful in area high schools. NCADA does a 1-day training with high school students to teach them how to teach lessons in the brain research on how alcohol and other drugs impact the teen brain. The students teach the lessons during health classes.

2. Do we want to return to forming task forces on topics of interest? Yes, we would assign a specific job to a small group who will report back to the larger group. Each task force would be a topic focused working committee. Task forces could continue for years or work for a month or two depending on their task. We want to form the following task forces:

- Task Force on Relationships & Sexual Health in response to the parent survey results.
- WMS Social Activities should also be considered a Task Force.

- Neighborhood Connection Task Force. Perhaps plan a special meeting with neighborhood representatives to find out their concerns or lead a discussion on a topic of concern in their neighborhood. Could provide articles for their use in neighborhood newsletters.
- Task Force on school dances. John reported that more adult presence is needed at the high school dances. Parents who chaperon tend to work only in the coat closet. He thought it would be helpful to have a parent training before the dance on chaperoning responsibilities. Parents could be assigned to specific areas around the building during the dance. Some schools require the high school group putting on the dance, like Stugo, find a certain number of parent/staff chaperones in order to have the dance. Then the students are asking the adults to come. 400 students attended the last CHS dance but they leave at 10:00. Many are going to after parties at someone's house. Lisa will talk to Liz Smith who chairs the parent liaisons at CHS and set up a meeting with John.

3. How could we restructure ourselves to increase the impact of our work and bring more people to the table?

- We want to increase the dialogue between parents and their children.
- Think about the "What's in it for me?" question with members.
- Be clear about what we have to offer and what members have to do.
- Invite certain people to the table – represent different schools and neighborhoods, health teachers, counselors, physician
- Increase communication with counselors and health teachers

IV. Actions in response to the on-line parent survey results. See attached Executive Summary.

A. What should we start?

1. Feedback on holding 2 topic-focused evening parent discussion meetings a year
2. Start a task force on Teen Relationships and Sexual Health

B. What should we stop?

C. What should we continue?

VI. Sharing with other school based community coalitions.

- a. Rockwood's Drug Free Coalition.
- b. Webster Groves, UNITE
- c. Do we want to facilitate a meeting to share ideas? Yes. Anne will work with Jenny to have NCADA facilitate a meeting. Maybe in April?

VII. **Funding:** 2009-2010 Missouri Prevention Assistance Mini-Grant

1. We received \$4,909.18 to offer one SCT and one GGC class in the Spring of 2010 was accepted for Curriculum - \$2,293.58, Facilitators \$2,300.00, Countertop document holders to display materials \$315.60.
2. The spring classes have been scheduled and appear in the Family Center catalog and have been marketed to parents via websites, newsletters, and e-mails.
 - a. Guiding Good Choices for parents of 4th-7th graders
Tuesday nights, Mar. 30, April 6, 13, 20, 27, 2010. The April 20 Class includes 4th-7th graders
 - b. Staying Connected with Your Teen for parents of 7th-12th graders
Meets twice from 6:15 – 8:00 p.m. in the Administrative Center on Mar 2 to discuss Chapters 1-4 and Mar. 16 to discuss Chapters 5-7.
 - c. Can we measure long-term change as a result of taking these classes? In parent perception of use? Anne will make some calls and see if we can find out what measures the researchers used. We have contact information for our families and could develop our own or use the measure they used in

- For GGC, the tool available is at http://www.channing-bete.com/prevention-programs/guiding-good-choices/images/ggc501182_EV1_35.pdf
- For Staying Connected with Your Teen research info. <http://www.channing-bete.com/prevention-programs/staying-connected-w-your-teen/research-development.php>

2. Can we develop a class for the students whose parents participate in the program?

VIII. NCADA/Community Alliance Trivia Night – Sat. Feb. 27 at 7:00 in the CHS Commons. This is a lot of fun and supports NCADA's programs. Please join us by volunteering or register to play. You can register on-line at www.ncada-stl.org or call 314-962-3456.

IX. Neighborhood Coffees.

Amy is looking into having a coffee. Lisa has two parents who are interested. Anne will send notebooks to them. Lisa reported that parents she has contacted about having a coffee want a facilitator. Lily, Korey, and Anne are willing to do this.

X. Parent Forums

A. Bullying and Adolescent Mental Health – Tuesday, Feb. 16 from 7:00 – 8:30 p.m. at the WMS Auditorium

Presenters: Tina Meier from the Megan Meier Foundation and Marian McCord from CHADS Coalition.

Volunteers are needed to man our resource table. Contact Anne if you can help before or after the forum.

B. Internet Safety- Wednesday, March 17 from 7:00 – 8:30 p.m. in the CHS Auditorium

Presenters: CHS SRO John Zlatic, and Detective Kenny Nix, Founder of the St. Louis Regional Computer Crime Enforcement Group and member of the U.S. Attorney General's Computer Crimes Task Force.

Handouts – Val Colombo and Anne Wilding

XI. Community Alliance 5th Grade Family Night – April 9 from 7:00 –8:30 in the Center of Clayton

1. Clayton Parks and Recreation will organize community-building activities for the 5th graders. Ann has reserved 3 meeting rooms and 2 gyms. She will add a space for babysitting. Ann will check to see if she has any water bottles we could give to the students. Katie and Anne will see if any of our elementary or middle school PE teachers are interested in planning the activities.
2. For Parents:
 - a. Overview of the Community Alliance featuring the WMS Social Activities, Guiding Good Choices, and Neighborhood Coffees
 - b. Parks and Rec. share middle school programming
 - c. Family Center- share child development information. Anne will work with Katie on a format. We discussed finding ways for parents to be able to talk to each other and ask questions of current WMS parents.
3. Lisa will have the Girl Scouts provide childcare as a service project.

XII. Parents Page

A. Issue #38 – Social Networking was approved.

For parents: What guidelines have you set in your family around social networking?

For students: What rules/guidelines does your family have about cell phones, texting, etc. When do you think it is safe for younger kids to get a cell phone? Be able to text?

B. Question for Issue #39

What are your biggest concerns about teen sexuality?

XIII. WMS Social Activities – Lisa Avery

- A. Add sending a welcome E-mail in the fall outlining what the Community Alliance does, how the WMS Social Activities program works, and expectations for parents and students.
- B. Winter Activities
 - 1. 6th Grade – Broomball rescheduled to Feb. 18 from 3:30 –5:45 at Shaw Park
 - 2. 7th Grade – Ice Skating on Jan. 15 from 7:00 – 9:30 p.m. at Shaw Park
 - 3. 8th Grade - Taste of St. Louis and Ice Skating on Jan. 10 from 5:30-7:15 at Shaw Park.
- C. Spring Activities
 - 1. 6th and 7th Grade Lock-In at the Center of Clayton – Apr. 10 from 7:00 – 10:00 p.m.
 - 2. 8th Grade BBQ
- D. Registrations
 - 1. 6th Grade 128 students have registered
 - 2. 7th Grade 104 students
 - 3. 8th grade 79 students
- E. Winter Service Project- Textile Recycling with Remains Inc. There will be a bin placed at WMS for: Clothing, linens (e.g., bedding, towels, curtains, drapes), paired shoes, purses, belts.
<http://stlouis.missouri.org/citygov/recycle/Textiles.html>

XIV. Peers Protecting Peers

- A. Focus on adolescent depression and suicide in the spring participating in CHADS Coalition's Kids Walking for Kids event on May 2.
- A. Contacting other high school prevention groups and planning a meeting of the leaders to share ideas.

UPCOMING OPPORTUNITIES

- Community Alliance Meetings: Mar. 11, Apr. 8, and May 27 from Noon-1:15. All meetings will be held in the Administrative Center, #2 Mark Twain Circle, Clayton, MO
- **Parent Forum on Bullying and Adolescent Mental Health – Tuesday, Feb. 16 from 7:00 – 8:30 p.m. at the WMS Auditorium** Presenters: Tina Meier from the Megan Meier Foundation and Marian McCord from CHADS Coalition.
- **Parent Forum on Internet Safety:** March 17 from 7:00 – 8:30 p.m. in the CHS Auditorium for WMS/CHS Parents
Presenters: CHS SRO John Zlatic, and Detective Kenny Nix, Founder of the St. Louis Regional Computer Crime Enforcement Group and member of the U.S. Attorney General's Computer Crimes Task Force.
- NCADA/Community Alliance Trivia Night – Sat. Feb. 27 at 7:00 p.m. in the Clayton High School Commons. \$25 per person, \$180 for a table of 8 includes 2 pizzas, soda, coffee, and snacks for each table. Call 962-3456 or visit www.ncada-stl.org to register on-line.

Thank you for supporting our students and families through the
Clayton Community Alliance for Healthy Kids!!